**Safeguarding booklet**

**Nurture Training & Development**

Local Services **| St, Helens**

Safeguarding booklet

# Introduction

Safeguarding is a responsibility we must all aim to achieve a reasonable amount of knowledge about and a good understanding of how to identify signs of the different types of abuse and how to report. Additionally, we must, as part of our internal processes be aware of external agencies and support available within our communities in the aim to signpost any form of safeguarding issues to the correct professional bodies.

This booklet has been produced to support internal safeguarding reporting procedures so that any reports of safeguarding can be done so factually and signposted to the correct internal and external points of contact; stating what concerns and actions have taken place within any safeguarding reports.

Elements of the information that informs this document has been taken directly from internal safeguarding policy and procedures; and also, from external authorities, boards and services. The following document names a range of information and services in the aim to achieve informative procedure that helps to safeguard any vulnerable person that maybe experiencing abuse.

The named safeguarding officers and contact details at Nurture Training and Development are:

Debbie Richards, email: [drichards@nurturetraining.org](mailto:drichards@nurturetraining.org) Contact: 07810640128 Address: Millennium Centre, St Helens, WA10 1HJ.

Sarah Richards, email: [srichards@nurturetraining.org](mailto:srichards@nurturetraining.org) Contact 07887518511 Address: Millennium Centre, St Helens, WA10 1HJ.

Any concern, suspicion or confirmed cases of safeguarding must be reported with all facts presented at the earliest convenience to any of the named personnel.

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Examples of safeguarding issues include **Mental Health related issues**, **bullying, radicalisation, sexual exploitation, grooming, allegations against staff, incidents of self-harm, forced marriage, and FGM.** These are the main incidents you are likely to come across, however, there is a wide range of others.

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## Directory

# St Helens Council Adult Safeguarding Board

Email [www.sthelens.gov.uk](http://www.sthelens.gov.uk)

Call O1744 67 67 67

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# St Helens Council (SCP) Safeguarding Children Partnership

Email <https://sthelenssafeguarding.org.uk/scp>

Call 01744 67 67 67

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# St Helens Merseyside Police

[Email https://www.merseyside.police.uk/a/your-area/merseyside/st-helens/st-helens-town-centre/](Email%20https://www.merseyside.police.uk/a/your-area/merseyside/st-helens/st-helens-town-centre/)

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# St Helens Addiction Services – CGL

Email <https://www.sthelensgateway.info/organisations/cgl/>

Call 01744 740803

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# St Helens Sexual Health Services

Email <http://www.getiton.org.uk/Pages/default.aspx>

Call 01744 646473

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# LGBT St Helens Support Services

Email <https://www.sthelensgateway.info/organisations/over-the-rainbow/>

Call 01744 740830

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# St Helens Gateway Services – Lists all available safeguarding Services

Email <https://www.sthelensgateway.info>

Call 01744 740830

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# St Helens Domestic Abuse Services and helpline

Email <https://www.sthelens.gov.uk/community-living/community-safety/domestic-abuse/domestic-abuse-advice-and-support/>

Call 01744 67 67 67

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# Sexual Violence Support Helpline

Email <https://www.rapecentre.org.uk/contact.php>

Call 01744 877987

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# St Helens Mental Health Services

### Mental Health Crisis Team

Email <https://www.nwbh.nhs.uk/contactus/Pages/Help-in-a-crisis.aspx?help=yes>

Call Freephone 0800 051 1508

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### Mental Health Assessment Team

Email <https://www.nwbh.nhs.uk/assessment-sthelens>

Call Freephone 0800 051 1508

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### NHS – Every Child Matters – Mental Health

Email <https://www.gov.uk/government/publications/every-child-matters>

Call Freephone 0800 051 1508

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### MIND – Mental Health Services

Email <https://www.sthelensmind.org.uk>

Call 07912059881

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# (AA) Alcoholics Anonymous

Email <https://www.alcoholics-anonymous.org.uk/AA-Meetings/Find-a-Meeting/warrington>

Call 0800 9177 650

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# (NA) Narcotics Anonymous

Email <https://rehabclinicsgroup.com/na_meeting_locations/merseyside/>

Call 03301 596 494

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# Gambling Anonymous

Email [nw.info@gamblersanonymous.org.uk](mailto:nw.info@gamblersanonymous.org.uk)

Call 07974 668 999

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# Millennium Centre Resources Centre – A list of all St Helens Information Services

Email <http://www.sthelensgateway.info/>

Call 01744 675131

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# Deafness Resources Centre

Email [enquiries@deafnessresourcecentre.org](mailto:enquiries@deafnessresourcecentre.org)

Call **(Voice & Text):** [01744 23887](tel:0174423887)

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# Radicalisation – Nationwide Services

Email <https://www.npcc.police.uk/CounterTerrorism/Prevent.aspx>

Call 020 3276 3803/3801/3802/3804/3805 during office hours.

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# Self-Harm – Suicide

Email <https://www.nwbh.nhs.uk/self-harm>

Call 0800 051 1508 (Freephone)

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# (FGM) Female Genital Mutilation

Email <http://www.getiton.org.uk/keepingsafe/Pages/Female-Genital-Mutilation.aspx>

Call 0151 702 4178

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# Honour Based Violence – Forced marriage, (FGM) Female Genital Mutilation

Email <https://www.sthelens.gov.uk/community-living/community-safety/domestic-abuse/honour-based-violence/>

Call 0800 5999 247

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# Citizens Advice Bureau

Email <https://www.citizensadvice.org.uk>

Call 01744 737866

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# ACAS – Employment Law Specialist – Free Advice

Email <https://www.acas.org.uk/>

Call 0300 123 1100

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Relate - provides advice on separation, relationship counselling and mediation

Email [www.relate.org.uk](http://www.relate.org.uk)

Call 0300 100 1234

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# Merseyside ‘Shout Line’ Support for Victims of Homophobic Crime

Call 0800 328 2244

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Samaritans Help line- offering confidential and emotional support to those in crisis  
  
Email www.samaritans.org.uk

Call 08457 90 90 90

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# Survivors - For men and boys

Call 0845 122 1201

Email [www.survivorsuk.org](http://www.survivorsuk.org)

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# Additional Information

This list is not exhausted. If you have a safeguarding concern and a signposting service is not available on this list, please refer to a manager or search specific information into the internet to find local support.

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